

Reviewing Programs Together

A CHILD FOCUSED RESOURCE, DESIGNED TO HELP PARENTS BECOME A PARTNER IN IMPROVING THE QUALITY OF THEIR CHILD'S SPORT AND RECREATION PROGRAMS.

HIGH FIVE® believes that parents/guardians can provide valuable information about the quality of a child's program. Reviewing Programs Together is a resource designed to enable parents/guardians to give feedback on their child's sport and recreation programs by using the:

1. 'Program Checklist' on page 2
2. 'Ask your Child' Questionnaire on Page 3

How to Use the Program Checklist on Page 2:

The Program checklist helps parents/guardians see if their child's program supports healthy child development.

- ☆ Read each statement first before you use the program checklist
- ☆ Try to watch the program from start to finish when you are using the program checklist
- ☆ Ideally you want to use the program checklist within the first couple of weeks of your child's program but NOT on the first day
- ☆ When watching the program, you may want to make comments on the behaviour you see – explain what you liked or disliked
- ☆ Your comments will help the people providing the program improve their program

How to Use the "Ask Your Child" Questionnaire on Page 3:

Children have a better experience when they feel that their parents/guardians are supportive. The "Ask Your Child" Questionnaire provides some questions to help you talk to your child about his/her experience.

- ☆ It is suggested you completed this questionnaire after you have completed the "Program Checklist" on Page 2
- ☆ Once you have completed this form, please return it to the people providing this program as it will help them make improvements
- ☆ You do not need to sign your name, however, if you would like someone to follow-up with you, please print your name and phone number in the space provided below

If you would like more information about how you can support your child's experience, please see Page 4 for more details and how to contact HIGH FIVE®.

To help us use your feedback to improve our programs please complete:

Date of Observation: _____

Name & Time of Program: _____

Location of Program: _____

If you would like us to follow up with you please print your name and phone number:

Name: _____ Phone Number: _____

Program Checklist

For each of the five categories, please use an “X” to check which of the behaviours and/or actions you saw in your child’s program.

Category	Comments								
<p>Child Staff Interactions</p> <p>The leader shows warmth, interest, respect, involvement, positive leadership and an individualized approach to children.</p> <p>Watch for:</p> <table border="0"> <tr> <td>Smiles</td> <td>Enthusiasm</td> </tr> <tr> <td>Friendly tone</td> <td>Eye contact</td> </tr> <tr> <td>Acceptance</td> <td>Helping children solve problems</td> </tr> </table>	Smiles	Enthusiasm	Friendly tone	Eye contact	Acceptance	Helping children solve problems			
Smiles	Enthusiasm								
Friendly tone	Eye contact								
Acceptance	Helping children solve problems								
<p>Supervision</p> <p>The leader is aware of all children; paying attention to safety concerns and adjusting supervision to ages and activities.</p> <p>Watch for:</p> <table border="0"> <tr> <td>Constant supervision</td> <td>Closer supervision for young children</td> </tr> <tr> <td>Secure play areas</td> <td>Closer supervision for higher risk activities</td> </tr> <tr> <td>Adequate number of staff for activity</td> <td>Staff are not rushed</td> </tr> </table>	Constant supervision	Closer supervision for young children	Secure play areas	Closer supervision for higher risk activities	Adequate number of staff for activity	Staff are not rushed			
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<p>Child/Peer Interactions</p> <p>Children know one another, show respect and co-operation towards each other. The children appear to be having fun and include one another in activities.</p> <p>Watch for:</p> <table border="0"> <tr> <td>Knowing names</td> <td>Few conflicts</td> </tr> <tr> <td>Sharing</td> <td>Helping one another</td> </tr> <tr> <td>No teasing</td> <td>Laughter, smiling faces</td> </tr> </table>	Knowing names	Few conflicts	Sharing	Helping one another	No teasing	Laughter, smiling faces			
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<p>Leader Behaviour and Interactions</p> <p>The leader focuses attention on children and not one another. He/she uses appropriate language and behaviour, and works as a team.</p> <p>Watch for:</p> <table border="0"> <tr> <td>Friendly tone</td> <td>Personal conversations avoided between staff</td> </tr> <tr> <td>Assist one another</td> <td>Cooperation and support</td> </tr> <tr> <td>Appropriate language used</td> <td>Positive role modelling</td> </tr> </table>	Friendly tone	Personal conversations avoided between staff	Assist one another	Cooperation and support	Appropriate language used	Positive role modelling			
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<p>Program Activities and Supports</p> <p>Activities appear to match interests and needs of children while offering choice, variety and balance. Activities are paced according to needs of children and encourage personal development.</p> <p>Watch for:</p> <table border="0"> <tr> <td>Choices</td> <td>Variety of activities and group sizes</td> </tr> <tr> <td>Balance</td> <td>No long waiting periods</td> </tr> <tr> <td>Children interested</td> <td>Learning by doing</td> </tr> <tr> <td>Opportunities for children to influence and lead</td> <td>Everyone involved</td> </tr> </table>	Choices	Variety of activities and group sizes	Balance	No long waiting periods	Children interested	Learning by doing	Opportunities for children to influence and lead	Everyone involved	
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<p>What did you like the best?</p>	<p>What would you like to see changed?</p>								

Ask Your Child Questionnaire

You can learn a lot about how well a program is meeting your child's needs by asking your child a few questions. What you learn from your child will help the people providing the program to further improve their program. Please hand this questionnaire in with your completed checklist.

- 1) What is your leader's name? What are the names of the children in your group?

- 2) How do you get along with the other children? Are there any people there that you don't like? Why not?

- 3) What do you like best about your leader?

- 4) What do you like best about the program?

- 5) Do you think the leader likes you? How does he/she show it?

- 6) Is the same leader always there?

- 7) Does the leader get angry or upset?

- 8) Does the leader ever ask you what you want to do?
